



Biidaaban Healing Lodge

Client Rules and Expectations

Section One: Expectations of Clients and Staff

On day one of the program, all clients are expected to review the rules and expectations that govern the code of conduct while in attendance at Biidaaban Healing Lodge.

The following are guidelines for your expected conduct while you are in attendance at the healing lodge. Staff, residents, and visitors are all expected to adhere to these expectations.

1. **Respect confidentiality.** What you see here, what we do here, when you leave here, let it stay here. Biidaaban Healing Lodge believes that in order for healing to take place, a client must have a safe, supportive environment in which they are able to share their personal histories, fears, hopes, and dreams. The Biidaaban Healing Lodge is committed to providing high quality treatment services and is dedicated to individuals who want to bring healing and recovery into their lives. Our staff are bound by a professional code of ethics designed to maintain confidentiality. This means that we respect your identity and honour the stories and experiences that you share with us. It is our obligation to inform you of the following:
 - A. Biidaaban Healing Lodge is required by law to report incidents of child abuse in minors under the age of 16, or children under the age of 18 who are in the care of the child welfare system.
 - B. Biidaaban Healing Lodge is required by law to report incidents in which we feel an individual may cause harm to themselves or cause harm to another individual.
 - C. Biidaaban Healing Lodge is required by law to report instances where an individual has disclosed serious harm to an individual, or where they are planning to bring harm to another individual.
2. **Respect all staff and peers throughout the duration of your stay at Biidaaban.** No swearing or disrespect towards staff or peers will be tolerated.
3. **Biidaaban Healing Lodge will not tolerate violence.** This applies to all violent acts on other clients, self, staff, visitors, or our property. If violent behaviour becomes an issue, the proper authorities will be called in for assistance, and you will be discharged.
4. **Absolutely NO drugs or alcohol will be permitted in Biidaaban Healing Lodge's facility.** We will not tolerate the use of alcohol, illegal drugs, or the abuse of prescription medication on our property or in our facility at any time.
5. **Absolutely NO sexual relations.** This will not be tolerated under any circumstances when individuals are in any Biidaaban Healing Lodge programs. We ask that you respect personal boundaries. We ask that clients focus on not joking in a manner that has sexual innuendos, as this may be a trigger for clients who may have experienced trauma in their lives

6. Any client on doctor prescribed medications must hand them in upon admission. This medication must be in blister packaging. This medication will be kept under lock and key and made available to the client as prescribed. Biidaaban Healing Lodge staff do not administer the medication but will supervise the client to ensure that the medication is taken as directed. Any over the counter medication must be in a sealed new container. It will be documented on the medical log by Biidaaban Healing Lodge staff members. Medication dispensing takes place each day at 7am, 12pm, and 5pm, as well as other times of day when requested if required.
7. Upon entering Biidaaban Healing Lodge, clients must undergo a luggage search. A luggage search includes going through all suitcases, duffle bags, wallets, purses, cigarette packages and all pockets. All items that pose a potential risk to the client will be stored and recorded; this includes all electronic devices. They will be returned when the client leaves.
8. Smoking will not be tolerated at any time inside the Biidaaban Healing Lodge. There are two designated smoking areas located at the back and at the front of the building to be used for these purposes. We request that clients refrain from using the back area for smoking after 9pm. Please use the ashtrays provided.
9. Clients must commit to completing and partaking in all program activities. These activities were designed to assist you in your healing process and are developed with your best interest in mind. It is expected that all clients and staff be on time for programming. If a planned activity is going to start late, staff on shift will notify you of the change.
10. Chores will be assigned on a daily rotational basis. All clients are expected to complete their assigned chores according to the schedule. The schedule of what is expected will be posted on the cupboard in the dining area. Clients are responsible for making their own beds each morning and always keeping their rooms neat and tidy.
11. To respect the privacy and personal space of others, no client will be allowed to enter another client's room at any time. Biidaaban Healing Lodge staff will not enter a client's room without their permission unless there is just cause.
12. Food will be confined to dining room only. No food will be permitted in any other room.
13. Clients are not permitted in restricted areas. Restricted areas include all office areas, night relief areas, all storage areas, other bedrooms, and the maintenance area. Please ask for staff assistance should you need access to these areas.
14. All residents are expected to always dress appropriately as deemed by the staff. We strongly recommend individuals bring appropriate sleep wear to ensure their comfort and the comfort of others.
15. Clients are permitted to walk around on the property, as long as they notify a staff member.
16. Clients are not to be disturbed while in attendance at the Biidaaban Healing Lodge. If an emergency call comes in, you will be notified.
17. When possible, clients will be advised by staff of any visitors to the lodge during your stay here.
18. All clients are required to abide by Biidaaban Healing Lodge's television schedule. Television times are 9:00pm – 11:00pm nightly.
19. Biidaaban Healing Lodge requests that you honour yourself and others by ensuring you get a good night's rest. Noise is to be kept to a minimum after 11pm. If a staff member notices you are not following through with this, it will be brought to your attention.

Section Two: Client Agreement

I _____ understand the information contained in the *Biidaaban Healing Lodge Client Rules and Expectations*, and agree to abide by them to the best of my ability during my stay. I also understand that failure to follow the rules and expectations may result in my dismissal from the program.

X

Client

Date

Section Three: Biidaaban Healing Lodge Staff Agreement

I have reviewed the information in the *Biidaaban Healing Lodge Client Rules and Expectations*, with the above-mentioned client. It is my understanding that they are aware of the information and the potential consequences of their failure to follow the rules outlines in section one.

X

Biidaaban Staff

Date